



ABOUT THIS PROJECT

The COVID pandemic created many social and mental health barriers. Hamilton East Kiwanis Non Profit Homes Inc provided financial and staff support to facilitate the South Mountain Planning Team in providing safe and accessible activities for their residents during the past year.

HOW IT WORKS

The South Mountain Planning Team (SMPT) is made of residents and neighbours from the south mountain area of Hamilton, where Hamilton East Kiwanis Non Profit Homes operates approximately 300 RGI units.

During the pandemic, The SMPT provided outreach to residents and offered a variety of activities to create a greater sense of community connection and caring.

Activities included coordination of events such as:

- Development of a community garden for residents
- Distribution of back-to-school backpacks
- Holiday gift giveaways to residents
- Santa Claus & Easter bunny walk-arounds
- Neighbourhood beautification contests
- Neighbourhood clean up events
- Outdoor Movie Nights and more!



IMPACT OF THE SOUTH MOUNTAIN PLANNING TEAM

The SMTP addressed diverse needs of the South Mountain community & specifically Kiwanis Homes residents.

These included: food security, social isolation and mental health well-being though the many activities, partnerships, and resources provided to residents.



Over the past year, SMPT has focused on building partnerships.

Partnerships have proven to be beneficial in many ways, such as sustainability and building off the work that SMPT and the Kiwanis Homes staff team do. They have supplied much needed resources to tenants such as on-site programming, books from the local library for our Free Little Library and Literacy Day event, financial support to fund the backpacks and seedlings for the community garden and individual units.

The success of this project is a testament to the hard work and vision of the staff team & Board of Directors and particularly to the neighbours, residents and members of the South Mountain Planning Team.

"The goal of the South Mountain Planning Team is basically this, to help everyone "#lovewhereyoulive". We are volunteers. We dedicate our own time to really do good for our neighbourhood, because we want to."

- SMPT MEMBER & SOUTH MOUNTAIN RESIDENT





"The movie nights at 110 Essling have brought so many children and families together despite conflict in our complex. It is a time where everyone comes together to enjoy watching a movie outside in the park, socialize, meet neighbours that they may not have known, share smiles and have a laugh or two."

- KIWANIS HOMES RESIDENT



ABOUT HAMILTON EAST KIWANIS NON PROFIT HOMES INC

Hamilton East Kiwanis Non-Profit Homes Inc. was incorporated in 1982.

Our Mission is to "Provide safe, sustainable housing communities for families."

www.kiwanishomes.ca

To learn more about the SMPT program, contact Brian Sibley at <u>brian.sibley@kiwanishomes.ca</u>

